



JACKSON COUNTY

Health & Human Services

Health & Human Services
Public Health Division

140 S. Holly St.
Medford, OR 97501

COVID-19 Update 4/9/20

	CASES	FATALITIES
WORLD (4/9/20, per Johns Hopkins)	1,536,979	91,783
USA (4/9/20, per Johns Hopkins)	451,491	15,938
OREGON (4/8/20, per OHA)	1,239	38
JACKSON COUNTY(4/9/20, per JC HHS)	43	0

(Note: The above numbers are current at the time of release, but continue to change constantly.)

PRESS RELEASE ON BEHALF OF JACKSON COUNTY

If you have any questions, or would like an interview, please reach out to the contact listed below.

FOR IMMEDIATE RELEASE: April 9, 2020

For media interviews with Dr. Jim Shames, Jackson County Medical Director, please contact Tanya Phillips by 12:30 pm. Dr. Shames will be available between 1:00 pm and 2:00 pm.

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Jackson County Public Health
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Jackson County Public Health Reports New COVID-19 Cases, Advises on How to Practice Physical Distancing during Warm Weather Days

[Medford, Oregon] — April 9, 2020, Jackson County Public Health is reporting two new COVID-19 cases. This brings the total to 43 cases in Jackson County. At this time, there are no fatalities from COVID-19 reported in Jackson County.

In Jackson County, all age groups now have at least one confirmed case. For demographic data on the total cases, please access the Jackson County HHS COVID-19 webpage. This data is located under the [Jackson County Daily Situational Update](#) tab.

In the days ahead, we are going to experience sunshine and warm weather in Jackson County and most of Oregon. Understandably, many of us will want to go outside and feel the warmth of the sun. Today, we want to provide you guidance on how to stay safe and save lives while enjoying the great weather.

Your efforts in physical distancing and following the recommendation to “Stay Home. Save Lives.” is working to flatten the curve and slow the spread of COVID-19 in Jackson County and Oregon as a whole. We must continue life-saving physical distancing and limit the number of times we are accessing essential services (groceries, medical care, pharmacies).

The guidance for exercising outdoor has not changed. You are still permitted to exercise outdoors as long as you are able to maintain a distance of 6 feet from other people. Here are some ideas on how you can enjoy the sun and still flatten the curve:

- If you're able to maintain physical distancing, enjoy the outdoor areas of your residence.
- Have an outdoor picnic at your residence with the people you live with.
- Have a virtual picnic with friends.
- Get things done at home, such as gardening or washing your car.
- Open doors and windows to get fresh air while remaining inside.
- Enjoy solo physical activities or those with members of your immediate household such as walking, biking, running or rollerblading.
- Wave to your neighbors from a distance. Let them know you're happy to see them.

When enjoying this beautiful weather, please don't:

- Participate in group sports
- Hike on crowded trails
- Attend in-person social gatherings
- Travel

And, as always, please don't go out if you're sick.

Staying close to home on a beautiful Oregon day is difficult. We appreciate everyone's commitment to staying home and saving lives. As we continue through this uncertain time, we ask that you continue to be kind to one another, give each other grace and show gratitude.

For more information:

The public can call 211-information with general questions

OHA Emerging Respiratory Disease page: www.healthoregon.org/coronavirus

CDC COVID-19 page: www.cdc.gov/coronavirus/2019-ncov/index.html

Jackson County Health and Human Services: <http://jacksoncountyor.org/hhs/COVID-19>

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